



S2L Recovery Differentiators

**Includes a detailed Detox &
Residential Facilities Comparison**

S2L Recovery, your first call for all things addiction.

We ask that whenever you have an addiction issue in your congregation, that we be the first call that's made. We have created a direct line to our team specifically for the church. If you can give this number to your staff and volunteer team we'll be ready to help when a need arises anywhere in the congregation. Your team can text or call this number. Also we encourage giving this number out to a congregant who's family member might be struggling.

When giving our number or website to a congregant we want you to know you are not just pawning someone off. You are guiding them to professionals that love Jesus. We see each person calling as someone made in the image of God. We will take the call, help assess the situation, pray with them and get them the help they need. If we cannot help them, we will help find someone that can.

What to expect on that first phone call

We'll Receive The Call Promptly & Warmly

ASSESS THE SITUATION We'll listen carefully | Understand current situation & needs | Determine level/type of substance abuse | Gauge if higher level of care is needed (psychiatric or medical) | Measure willingness to get help

RECOMMEND We'll recommend what to look for if we are not the right place | Run insurance to understand coverage | Provide direction for in-network only providers if applicable

REVIEW THE PROGRAM Christ-centered approach | Structured/disciplined setting | Loving/Supportive environment | New Residential Facilities | Bible-based curriculum | Medical Services | Clinical Services | Recreational Activities | Spiritual Activities | Church Services | Community Living

WALK THROUGH COSTS & OPTIONS We'll run a commercial insurance verification | Self-pay options

DISCUSS NEXT STEPS We'll walk them through the application process | Schedule arrival (immediate available if needed) | Make referral if needed

PRAY & ENCOURAGE We will pray with them as prayer is often the first step of healing and builds trust immediately | Encouragement to the next best thing towards healing | Send more info to remove any potential barriers

Church Addiction Assistance Hotline (615) 551-9246

The **S2L Recovery** Difference

Our Christ-Centered Focus vs. Other Faith-Based Add-On Tracks

At S2L Recovery, Christ is not an optional track, He is the foundation of everything we do. Unlike many treatment centers that offer a faith-based “add-on” or optional spiritual component, our entire program is built on the truth of God’s Word and the power of the Gospel. We don’t simply sprinkle in devotionals or occasional prayer; we immerse our students in biblical discipleship, worship, and the renewing of their minds through Christ (Romans 12:2). Our goal is not just sobriety, it’s transformation in Jesus.

Our Biblically-Based Curriculum vs. Other Secular or 12-Step Models

S2L’s curriculum is not purchased off a shelf or adapted from secular psychology, it is written in-house, drawn directly from Scripture, and rooted in 2 Peter 1. While 12-step models rely on a vague “higher power” and self-identification as an addict, our One Step model points to one Savior, Jesus Christ, and redefines identity through Him. We believe freedom comes not through a process of managing addiction, but through repentance, renewal, and walking in the Spirit as a new creation in Christ (2 Corinthians 5:17).

Our Addiction Philosophy vs. Secular Philosophy

The world calls addiction a disease of the brain. We call it what the Bible calls it: idolatry of the heart. At S2L, we believe addiction is a spiritual stronghold, rooted in sin, brokenness, and misplaced worship, that requires more than medication or behavior management. Secular models aim to treat symptoms; we aim to address root causes. Through repentance, biblical truth, and the power of the Holy Spirit, we’ve seen men set free, not just sober. True recovery is not found in managing dysfunction, but in surrendering to the Lordship of Christ.

S2L Recovery compared to Larger Corporate/Secular Rehabs

S2L offers what secular rehabs don’t. Jesus.

While corporate treatment centers may be accredited and offer medical care, they stop short of providing true transformation. S2L Recovery combines medical detox, dual diagnosis treatment, and licensed clinical therapies with a bold, Christ-centered curriculum drawn directly from Scripture, is not just a “higher power” Our residents are not labeled as addicts forever, but restored as new creations in Christ (2 Corinthians 5:17).

What Sets S2L Apart:

- True spiritual identity & discipleship with Jesus as our foundation, not just therapy and coping
- Biblically-sourced curriculum written in-house, not generic or secular
- Full-time ordained pastors and peer mentors discipling daily, not “spiritual guides”
- Worship, prayer, and recovery framed by Scripture, not vague spirituality
- Lower cost, more phase options, seamless transition from detox to aftercare
- Longer Treatment, less money for more care

Secular rehabs may have credentials, but S2L has both the credentials and offers eternal healing.

***See chart on next page.

S2L Recovery compared to Smaller Local Faith-Based Rehabs

S2L combines the heart of faith-based recovery with the strength of professional excellence.

Unlike many smaller Christian programs (often run by well-meaning volunteers or churches with limited resources) S2L provides licensed care, accredited medical detox, dual diagnosis treatment, and a fully staffed team of ordained pastors, doctors, licensed therapists, and certified peer coaches.

What sets S2L apart:

- Full-time clinical and medical team on-site
- 24/7 medical detox—not referred out
- Clean, brand-new, licensed residential facilities—not older run-down
- 55+ full-time staff—not 5-10 at local centers
- In-house, Bible-based curriculum—not borrowed or step-based materials
- On-site worship center, gym equipment, outdoor adventure therapy
- Larger capacity (55+ beds) with more structured aftercare—ability to serve more people
- Where many small rehabs offer faith without infrastructure, S2L delivers faith with excellence, safety, and professional care.
- ***See chart on next page.

| PROGRAM COMPARISON | | S2L Recovery | Smaller Local Faith-based | Larger Corporate/Secular |
|-------------------------------------|---|---|--|---|
| CORE PROGRAM | Medical Detox | 24/7 medical supervision during withdrawal MAT only during Detox Evidence-based symptom management Seamless transition to residential treatment | No, typically referred out | Yes MAT |
| | Residential Treatment | Structured, Christ-centered inpatient recovery No MAT during residential program Individualized treatment plans Community-driven healing environment | Yes | Yes MAT indefinitely |
| | Dual Diagnosis Treatment | Treatment for co-occurring mental health & substance use disorders Clinical services and medication management | Rarely available | Yes |
| PHASES & DURATION | Detox | Yes, 5-7 days | No | unknown |
| | Phase 1 | Yes, 42 days (6 weeks) | Yes, varies widely | Yes, 28 days or whenever insurance stops paying |
| | Phase 2 | Yes, 42 days (6 weeks) | No | No, one phase only |
| ACCREDITATION & INSURANCE | Joint Commission Accredited | National recognition for healthcare quality & safety | No | Yes |
| | State Licensure | Tennessee State Licensed | Unknown (varies by state) | Yes |
| TARGET POPULATION | Gender | Men & Women (separated) | Men & Women (separated) | Men & Women (Co-ed, causes challenges) |
| | Age | Adults aged 18 and above | Adult 18+ | Adults 18+ |
| | Location | Woodbury & McMinnville, Tennessee | Typically rural or suburban | Multiple locations across Tennessee |
| PROFESSIONAL STAFF | Staff Size | 50+ f/t staff members (1.5 staff to 1 student ratio) | Small (likely 1 staff to 10 students) | unknown, (likely 1 staff to 5 students ratio) |
| | Full-time Ordained Pastoral Leadership | Providing spiritual direction, mentorship, teaching, and one-on-one discipleship | No, typically part-time or bivocational | No |
| | Full-Time Medical Doctor and Nursing Team | On-site medical care including detox support, health monitoring, & urgent care services, medication management | No, not typical | Yes |
| | Full-Time Clinical Director & Licensed Therapists | Oversees individualized treatment plans and clinical therapies | No, typically part-time, shared staff or not at all | Yes |
| | Full-Time Certified Peer Recovery Coaches | One-on-one mentoring by individuals who have walked the journey of recovery. | No, rare or volunteer-based | unknown |
| | | | | |
| FAITH BASED COMPONENTS | Faith-Based Curriculum | Structured Christ-centered curriculum with Biblical teaching integrated into daily life | Depends often no curriculum & attends church 1-2x week | No Faith ambiguous, i.e. "spiritually guides" |
| | Christian Worship & Prayer | Regular worship services and prayer sessions | Yes | No Ambiguous Spiritual Care Services available |
| EVIDENCE BASED THERAPEUTIC SERVICES | Individual Therapy | One-on-one counseling with licensed therapists | Depends, sometimes available weekly | Yes |
| | Peer Group Therapy | Peer-supported group therapy with Christian principles | Yes | Yes Not based on Christian Principles |
| | Clinical Group Therapy | Led by our team of licensed clinicians | No | Yes not from a biblical worldview |
| | Cognitive Behavioral Therapy (CBT) | Yes Helps identify and change negative thought patterns and behaviors. | No | Yes |
| | Dialectical Behavior Therapy (DBT) | Yes Teaches emotional regulation, distress tolerance, and mindfulness. | No | Yes |
| | Motivational Interviewing (MI) | Yes Builds internal motivation for change through guided conversation. | No | Yes |
| | Interpersonal Therapy (IPT) | Yes Focuses on improving relationship and communication skills. | No | Unknown |
| | Object Relations Therapy (OR) | Yes Explores how early relationships shape present emotional patterns. | No | Unknown |
| | Transference-Focused Psychotherapy (TFP) | Yes Addresses unconscious emotions via therapist-client relationship. | No | Unknown |
| | Family Systems Therapy | Yes Treats the family as a whole unit to improve dynamics and roles. | No | Yes |
| | The Gottman Method | Yes Research-based couples therapy; strengthens relationships. | No | Unknown |
| | Creative Arts Therapy (CAT) | Yes Uses art, music, or drama to help express emotions/support healing. | Rare | Sometimes |
| | Experiential Therapy | Yes, Utilizes activities and experiences to help individuals process emotions, develop skills, and promote self-awareness | No, rare or very limited | Unknown |
| | Accelerated Experiential Dynamic Psychotherapy (AEDP) | Yes, help individuals overcome serious emotional challenges (trauma, loss) by tapping into their inherent resilience and ability to cope with pain. | No | Unknown |
| | Recreational Therapy | Yes, uses recreational activities to improve physical, mental, and emotional well-being | Unknown | Yes |
| EDUCATIONAL APPROACH & RESOURCES | Recovery Classes | Educational sessions on coping strategies, stress management, relapse prevention | Yes Bible studies, often Step Studies | Yes includes 12-Step facilitation & other types |
| | Higher Power | Only Jesus (Acts 4:12) | Typically identifies Jesus Christ, some remain open to others | God of your understanding (AA, NA, etc.) |
| | Identity | Child of God, New Creation (2 Corinthians 5:17) | Mixed some still use "addict" identity language | The Past: Once and Addict, Always an Addict |
| | Biblically Sourced | Yes, from 2 Peter 1 PRINCIPLES 1) Desiring Goodness 2) Desiring Knowledge & Wisdom 3) Seeking Self-Control 4) Succeeding Through Endurance 5) Seeking a Life of Godliness 6) Loving Others 7) Loving God | Somewhat Uses Bible but often not deeply integrated) | No |
| | Christian Framework | Yes PILLARS 1) God's Word 2) Prayer 3) Good Fellowship 4) Our Call To Action | Yes | No |
| HOLISTIC/ RECREATIONAL ACTIVITIES | Recreation | Outdoor retreats, canoeing, paintball, gym sessions, hiking | Rarely formal & structured | Adventure therapy, art therapy, music therapy, therapeutic recreation, mindfulness meditation |
| | Life Skills Training | Workshops on financial stewardship, cooking, leadership development | Basic, cooking, budgeting, resume writing occasionally | Not specified |

| PROGRAM COMPARISON | | S2L Recovery | Smaller Local Faith-based | Larger Corporate/Secular |
|---------------------------------|--|---|---|---|
| FACILITIES | Brand New Residential Facilities | Recently updated, clean, modern, and comfortable housing | Typically older or converted homes | unknown |
| | On-Site Christian Chapel/Worship Center | Dedicated spaces for prayer, worship, and teaching | Not typical, may use shared space or room conversion | Ecumenical at best |
| | On-Site Gym Equipment | Equipment to promote physical health | Rare | Typically |
| | Outdoor Recreation Areas | Access to hiking trails, outdoor spaces, and group activities | Sometimes a yard or open field | Typically |
| | Peaceful, Secluded Setting | Located on a scenic, serene property ideal for healing | Often in a quiet setting | Varies |
| | Residential Facilities | Brand new, clean, modern, and comfortable housing | Yes, usually modest housing | Yes |
| | On-Site Amenities | Worship center, commercial kitchen, dining room, gym equipment, outdoor recreation areas | Basic furnishings | On-site chapel, dining services, recreational facilities |
| | Capacity | 36+ beds (22 beds women when open) | Small, average of 6-15 beds | avg. 30 beds |
| POST RECOVERY ALUMNI SERVICES | "My Recovery" Post-Recovery Transition Plan | This Post-Recovery Transition Plan (Mentor Guide/Student Workbook) helps those coming back into family, church & work life. | unknown, probably not | No |
| | 30 Day Devotional Series written by S2L Alumni | 30 Day Devotionals written by those who've been there; replacing shame with truth rooted in Scripture. | unknown, probably not | No |
| | Lost & Found Curriculum Workbooks | Christ-centered curriculum with a discipleship track helping people stay free from addiction. | No | No |
| | Lost & Found Curriculum Leader's Guide | Biblically grounded roadmap for alumni to lead others through the Lost & Found curriculum. | No | No |
| | Lost & Found Curriculum Training Videos | Step-by-step instructions for alumni to confidently guide others through Lost & Found process. | No | No |
| | Williamson College 50% Scholarship | Support long-term success by helping alumni earn a degree rooted in biblical truth to thrive in their calling. | No | No |
| | Alumni Concert | A powerful night of worship & testimony where alumni gather to celebrate God's faithfulness. | unknown, probably not | No |
| | Alumni Golf Outing | More than a game, this is intentional fellowship with others who've walked the road of recovery. | unknown, probably not | No |
| | Alumni Barbecue | A meaningful time to reconnect, build lasting bonds, and deepen the sense of community in Christ. | unknown, probably not | No |
| | Alumni Catapult Service Live Stream | Alumni stay spiritually connected through live-streamed worship & teaching wherever they are. | No | No |
| | Alumni Testimonial Videos | Watch the miraculous, raw, and redemptive stories of men and women whose lives were transformed. | unknown, probably not | No |
| | Alumni Private FB Message Group | A Christ-centered online community where alumni find ongoing support, prayer, and accountability. | Possibly | No |
| | Hope After Addiction Podcasts | Christ-centered podcast offering hope & biblical guidance for families dealing with addiction. | No | No |
| | Wednesday Words of Encouragement | Weekly Scripture-based encouragement to strengthen identity, renew minds, & stay focused. | No | No |
| COSTS INSURANCES & SCHOLARSHIPS | Medical Detox | \$5,600 flat rate (5–7 days) | Not available | 7,000 for 7 days (1,000 per day) |
| | Residential Phase 1 | \$24,400 (42 days) | \$3-10,000 (duration widely varies) sometimes donation-based | \$40,000-60,000 (28 days) for programs offering same resources as S2L |
| | Residential Phase 2 | \$12,500 (6 weeks) | Not available, varies. often work program % of wages go back to rehab | Rarely extended care may available |
| | Commercial Insurances Accepted | Out of Network with most commercial insurance providers | Usually not accepted self-pay or donation based only | In-network with many major insurance providers |
| | General Scholarships | Limited, based on availability, when no insurance available. Churchres get first dibs. | Unknown | No |
| | Church Partner Scholarships | Donating church partners receive partial scholarships when paying for treatment for congregants who don't have insurance or financial resources | Unknown | No |