



“FOR CLOSE TO 2 DECADES,
GOD CONTINUES TO USE S2L
RECOVERY TO CHANGE LIVES
AND BREAK THE CHAINS OF
ADDICTION”

- PASTOR ADAM COMER, CEO S2L



PROFESSIONAL, COMPREHENSIVE AND COMPASSIONATE CARE

- Full-Time Ordained Pastoral Leadership
- Full-Time Medical Doctor and Nursing Team
- Full-Time Clinical Director/Licensed Therapists
- Full-Time Peer Recovery Coaches
- 50+ Employees

ACCREDITATION, LICENSURE AND INSURANCE

- Joint Commission Accredited
- Tennessee State Licensed
- Accepts Commercial Health Insurance
- TRICARE East In-Network Provider
- VA Community Care Network (Optum VACCN)
- Champ VA Authorized

Nationally Accredited, State Licensed & Certified



TN Department of
**Mental Health &
Substance Abuse Services**



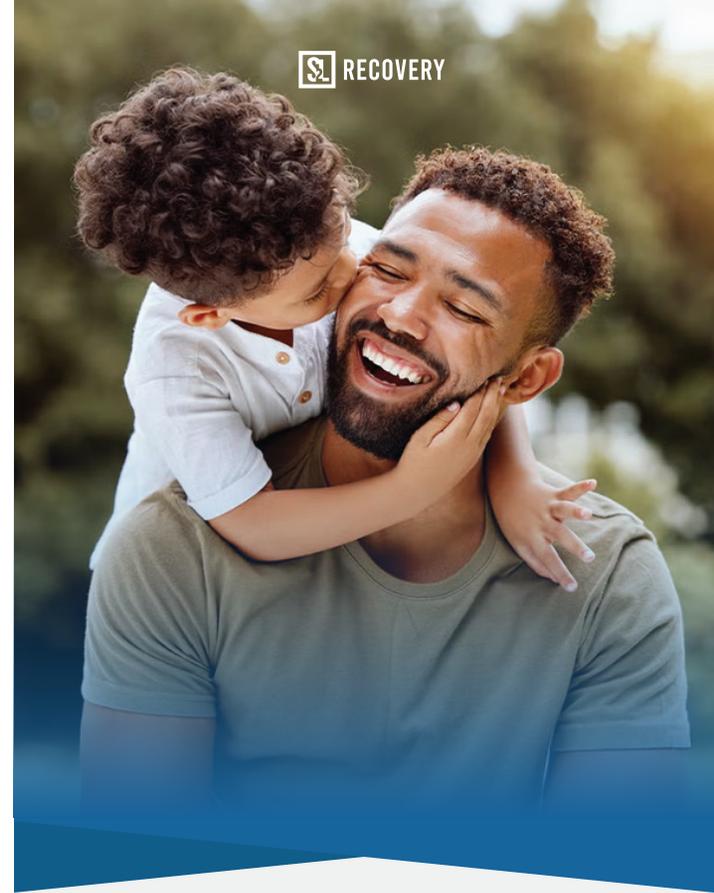
LOCATED IN THE SCENIC & PEACEFUL ROLLING HILLS OF MIDDLE TENNESSEE



290 MULLICAN ROAD MCMINNVILLE, TN 37110
Detox & Addiction Recovery Residential Facility
for Men (Brand New, 36 Bed Facility on 10 Acres)



3180 HILL CREEK ROAD, WOODBURY, TN 37190
Detox & Addiction Recovery Residential Facility for
Women (Newly Renovated 22 Bed Facility on 6 acres)



**S2L RECOVERY IS
THE NATIONS LEADING
JOINT COMMISSION
ACCREDITED,
CHRIST-CENTERED
DETOX & RESIDENTIAL
ADDICTION RECOVERY
FACILITY**



S2LRECOVERY.ORG
888-380-2865
HELP@SPRING2LIFE.NET



"I was nervous about my son going to another rehab that ultimately would not help him to get better. S2L was different from the very first call. I talked to someone who listened to me and prayed for me, my son, and our whole family. Once he was there, I received a call from his Life Coach. He also prayed with me for my son and our whole family. My son has been transformed. He no longer is a slave to addiction, but is a Warrior for the kingdom of heaven! I will forever be grateful for what S2L has done for our family."

- **KATIE** | MOTHER OF S2LGRADUATE

CORE PROGRAM

ON-SITE 24/7 MEDICAL DETOX

Evidence-based symptom mgmt. Seamless transition to residential treatment. MAT only during Detox.

RESIDENTIAL TREATMENT

Structured, Christ-centered inpatient recovery. Individualized treatment plans. Community-driven healing. No MAT.

DUAL DIAGNOSIS TREATMENT

Treatment for co-occurring mental health & substance use disorders. Clinical services and medication management.

TREATMENT PHASES & DURATIONS

Detox: 5-7 days

Phase 1: 42 days (6 weeks)

Phase 2: 42 days (6 weeks)

Internship: 6 months, if available

PROGRAMMING OVERVIEW

- Breakfast, Lunch, Dinner, Snacks
- Devotionals, Small Groups & Fellowship
- Regular Worship Services & Prayer Sessions
- Appointments with Doctor & Nurses
- Appointments with Licensed Clinical Therapists
- Appointments with Certified Recovery Coaches
- Structured Classroom Teaching / Biblical Curriculum
- Coping Strategies, Stress Mgmt, Relapse Prevention
- Life Skills Development: Finances, Leadership, Cooking
- Outdoor Retreats, Canoeing, Paintball, Gym Sessions
- Detox Support and Health Monitoring
- Physical and Mental Health Assessments
- Urgent Care Services and Medication Management
- Individualized Treatment Plans & Clinical Therapies
- Peer Bible Study Small Groups
- One-on-One Mentoring by Alumni
- Personal Time/Journaling

*2018 SURVEY-S2L RECOVERY SHOWING A 60% SUCCESS RATE OF MEN OUT OF THE PROGRAM FOR A YEAR OR MORE COMPARED TO AN ESTIMATED 3-12% WITH TRADITIONAL METHODOLOGIES TYPICALLY USED.

S2L'S NON-NEGOTIABLES

- S2L will stand on the word of God without compromise. (John 17:17, 2 Peter 1:3-4)
- S2L's recognition of Christ as the center of our integrative program. (Colossians 1:17-22; 3:17)
- S2L's commitment to a doctrine of Christian servitude as leaders, practitioners, teachers, staff, & service recipients. (Josh. 24:15, Mark 10:45)
- S2L will never judge the circumstances that led someone to US. (John 8:5-7, Galatians 6:1-2)
- S2L will teach that identity is found in Christ not your past. (Galatians 2:20-21, 2 Corinthians 5:17-18)

WHY OUR CHRIST-CENTERED APPROACH IS DIFFERENT

CHRIST-CENTERED PROGRAM

- Jesus Christ is Central
- Scripture is The Authority
- Rooted in Biblical Truth
- Gospel-Centered Discipleship
- Protects Against Syncretism

FAITH-BASED PROGRAM (VAGUE)

- Faith = ANY religion
- Integrates Contradictory Views
- Susceptible to Cultural Trends
- Vague Spiritual Practices
- Compromises for Inclusivity

EVIDENCE BASED THERAPEUTIC MODALITIES

- Individual Therapy
- Peer Group Therapy
- Clinical Group Therapy
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Motivational Interviewing
- Motivational Enhancement
- Interpersonal Therapy
- Object Relations Therapy
- Family Systems Therapy
- The Gottman Method
- Creative Arts Therapy
- Experiential Therapy
- Recreational Therapy
- Accelerated Experiential
- Transference-Focused Psychotherapy
- Internal Family Systems Framework
- Acceptance & Commitment Therapy

AFTER CARE ALUMNI SERVICES

- Post-Recovery Transition Plan
- Lost & Found Biblical Curriculum
- 30 Day Devotionals
- Williamson College 50% Scholarship
- Alumni Weekend: Concert, Golf, Barbecue
- Weekly Recovery Service Live Stream
- Recovery Videos, Podcasts & Blogs
- Alumni Testimonial Videos



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“Our team believes in and has personally experienced the redemptive power of Jesus Christ. We also believe that He is FOR us and FOR the women who come through our doors. We realize that we are fighting for our people to have freedom and true joy, and are here to guide them to the great and wonderful promises that are available to them! The Gospel isn’t a fairy tale that we can hopefully count on, but a sure foundation to build our lives on.”

- SARAH KEEL | EXECUTIVE DIRECTOR OF S2L WOMEN'S DIVISION

CORE PROGRAM

ON-SITE 24/7 MEDICAL DETOX

Our Women’s Detox is projected to open later this year (2026). In the interim, we have established partnerships with excellent preferred detox facilities.

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